

Patient Instructions for SpectraCell Test Order Form and Test Kit

You CANNOT get your blood drawn until the Test Order Form is filled out completely.

Prepayment is always required upfront and needs to accompany the specimen.

Please fill out the following:

Patient Information:

- Patient Name
- Date of Birth
- Sex
- Patient Phone Number
- Patient Address
- Patient Height / Weight
- Sign and date

Insurance or Medicare Information:

- A COPY OF THE FRONT/BACK OF YOUR INSURANCE OR MEDICARE CARD MUST BE INCLUDED WITH SPECIMEN (Medicaid not accepted).
- MEDICARE PATIENTS MUST ALSO FILL OUT AN ADVANCED BENEFICIARY NOTICE (ABN)

Method of Payment – Ask Your Provider- If your provider is NOT paying for the tests, you must include payment.

- Check - Include total amount of your payment responsibility and address to *SpectraCell Laboratories*
- Credit Card – Include credit card number, expiration, and security code.

Fasting:

- Fast 9-12 hours for CardioMetabolic, Pre-Diabetes, LPP, CMP, BMP.

Ice Brick:

- Place ice brick from the kit in the freezer for 24 hours before the blood draw. Put ice brick back in kit where designated – follow instructions on inner lid.

Make Appointment with Draw Site or Mobile Phlebotomist: <https://www.spectracell.com/patients/find-a-drawsite/>

- Take Test Kit, Order Form, and Copy of Insurance/Medicare Cards, Medicare ABN form to blood draw.