



CLEAN FIFTEEN

Lowest In Pesticides

BEST

- 1 Onions
- 2 Avocado
- 3 Sweet Corn
- 4 Pineapple
- 5 Mangos
- 6 Sweet Peas
- 7 Asparagus
- 8 Kiwi
- 9 Cabbage
- 10 Eggplant
- 11 Cantaloupe
- 12 Watermelon
- 13 Grapefruit
- 14 Sweet Potato
- 15 Honeydew Melon

DIRTY DOZEN

Buy These Organic

WORST

- 1 Celery
- 2 Peaches
- 3 Strawberries
- 4 Apples
- 5 Blueberries
- 6 Nectarines
- 7 Bell Peppers
- 8 Spinach
- 9 Cherries
- 10 Kale/Collard Greens
- 11 Potatoes
- 12 Grapes (*imported*)

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