

Onna Lo M.D.

A Partnership to be *Happy, Healthy, Holistic*

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Lab Test Instructions and Prices

Updated 2/2017

Refer here for locations and instruction videos: <http://onnalomd.com/lab-test-instructions/>

If you have **Kaiser, Medi-cal, or paying Out of Pocket:**

Please be sure to fill out the Requisition form with your name, information, payment info. Read the instructions carefully, before taking the test.

Some requires you be off of certain foods, supplements or medications before taking the test.
Some require you to freeze a ice pack, or keep the samples refrigerated before you mail it.
Some uses UPS, some uses FEDEX. All these tests are eligible for reimbursement from Flexible spending account or Health Savings Account.

From your doctor	CBC CMP If you have history of Anemia: Iron, Ferritin If you have history of Vitamin D deficiency: Vitamin D If you have history of Abnormal Thyroid or fatigue: TSH, fT3, fT4, TPO Antibody	
Doctor's Data	Comprehensive Stool Test x 3 samples	\$295
Genova	SIBO	\$189
ALCAT	COMT /MTHFR	\$65 / \$65
23 and me	Health + Ancestry	\$179
Genova	Organix	\$381
MRT food test	LEAP 150 / LEAP 80	\$295 / \$195

Spectracell	Thyroid Panel Kaiser see HMO price below	\$100
Spectracell	CardioMetabolic Panel Kaiser see HMO price below	\$110
Spectracell	Micronutrient Kaiser see HMO price below	\$390
ZRT	Neurotransmitter Basic / Intermediate + Add on Diurnal Cortisol urine	\$179 / \$219 +\$79
ZRT	Estrogen essential Urine Metabolites	\$185
ZRT	Comprehensive Female/Male Profile I (Blood and Saliva) w/ Thyroid panel	\$299
ZRT	Female / Male Saliva Profile III	\$210
QuickSilver	Tri-Mercury	\$220
Doctors Data	Toxic Hair element test	\$60

If you have **HMO, PPO:**

Please be sure to fill out the Requisition form with your name, information, payment info, AND your Insurance information. Read the instructions carefully, before taking the test.

Some requires you be off of certain foods, supplements or medications before taking the test. Some require you to freeze a ice pack, or keep the samples refrigerated before you mail it. Some uses UPS, some uses FEDEX. All these tests are eligible for reimbursement from Flexible spending account or Health Savings Account.

Quest		
Genova	GI effects x 3 days	\$139 - \$179
Genova	Small Intestinal Bacterial Overgrowth -SIBO	\$189
Genova	O.N.E Nutraeval + COMT + MTHFR + ApoE	\$159 \$159 +\$30 each
23 and me	Health + Ancestry	\$179
Genova	IgG/ IgE Allergy + Celiac	\$219
MRT food test	LEAP 150 /LEAP 80	\$295 /\$195
Spectracell	Thyroid Panel (apply to Kaiser)	\$40
Spectracell	CardioMetabolic Panel (apply to Kaiser)	\$45
Spectracell	Micronutrient (apply to Kaiser)	\$190
ZRT	Neurotransmitter Basic / Intermediate + Add on Diurnal Cortisol urine	\$179 / \$219 +\$79
ZRT	Estrogen essential Urine Metabolites	\$185
ZRT	Comprehensive Female/Male Profile I (Blood and Saliva) w/ Thyroid panel	\$299
ZRT	Female / Male Saliva Profile III	\$210
QuickSilver	Tri-Mercury	\$220

Doctors Data	Toxic metal urine test	\$60
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